

How To Take Measurements For Moccasins

(Referring to the photos on the 2nd page of these instructions should help as might the photo album in my facebook pages called 'Measuring Feet')

You Will Need: -

- some thin cardboard to draw on – the back of an empty breakfast cereal box is perfect
- a friend to help you
- a pen/pencil
- a metric tape measure (I prefer measurements in centimeters & millimeters please)

Directions: -

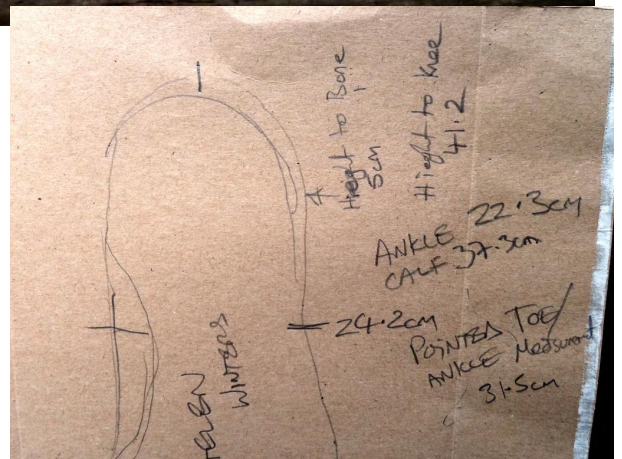
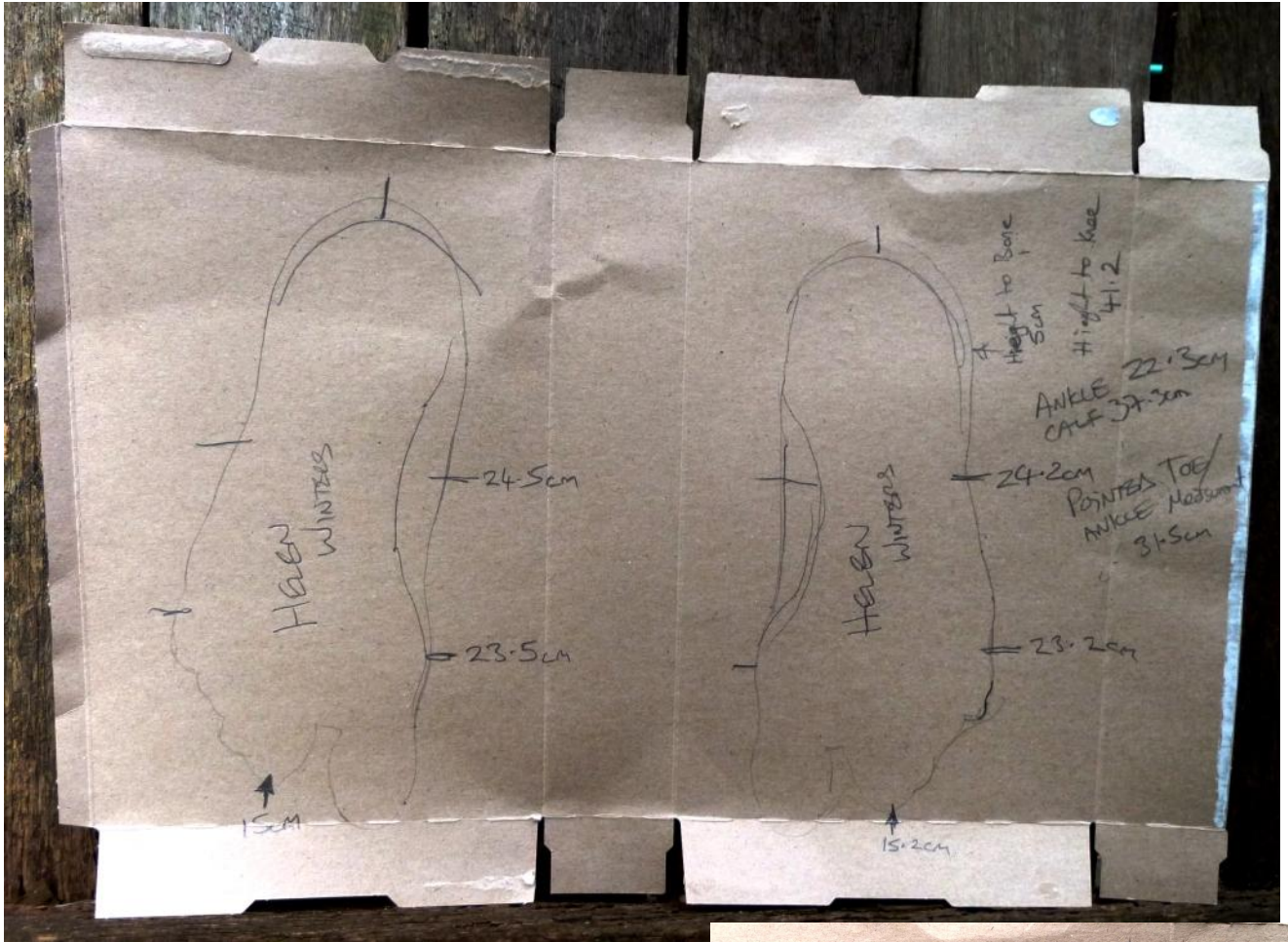
- Stand on the cardboard. Stand solidly and evenly on both feet; head up and facing forward. This is important - stand up straight with your weight directly in your feet while...
 - your friend draws round both of your feet with the pen/pencil almost straight up; i.e. outline your feet from a birds eye view looking directly down at the edge of your foot; as opposed to having the pen at an angle and drawing under the outline of your feet. This gives me the shape and size of your feet and makes the basic pattern of the outline of your shoes. Don't move your feet yet because then I need...
1. The outline round the back of each heel where it touches the floor - Get your friend to kneel behind you and draw a second line, inside the line just drawn, around the back of each heel. This time with the pen at an angle so the nib is right up against the heel where it touches the cardboard and you are drawing a little way under the heel.
 2. Do the same thing under the arch of each foot - mark under the arch with the pen at an angle.
 3. Then your friend, still perched behind you, should make a mark on the card, perpendicular to the foot outline, showing me where your Achilles tendon is - line the pen up with the straight line that runs down the back of your leg and is most noticeable at the back of the ankle as a lovely ridge. Mark the card with a line cutting through the outline.
 4. Next your helper needs to come around to the front and slide a soft tape measure under your instep. Mark each side of the foot on the cardboard where the tape measure is coming out and the measurement is being made. Fold the tape measure over the top of the foot, where the 2 meet - read off the measurement. Write the measurement on the card next to the mark.
Tip: you will have to take a little pressure off of your toes for them to get the tape measure underneath: keep your heel down and in place on the pattern, just gently lift the front of your foot while they slide the tape measure underneath. Then drop your foot back down again.
 5. Using the same technique, measure round what is more or less the widest part of the foot - around the ball of the foot and little toes. Again mark the cardboard pattern, perpendicular to the foot outline, where the tape measure is placed. Write the measurement next to one of those marks.
 6. Repeat on the other foot. I also need...
 7. the measurement from the floor to the beginning of an ankle bone. Just where it starts to bulge,
 8. the measurement from the front of the foot/toes to the front of the ankle, mark with an arrow.
 9. the measurement round an ankle
 10. and the measurement around the ankle & heel of your pointed foot. See *photo*
 11. For Boots – I'll also need measurements of each calf, at the fattest part of your lower leg, and the height measurement from the ground to base of your knee.

A few photos of your feet can be useful too, so I can see what your feet look like. Maybe your friend could take a few shots of the top, sides, heels & front.

And that's it - Make your friend a cup of tea

And post the whole lot off to me at: **1/6 Sunning Place, Summer Hill, NSW, 2130, Australia**

Thank you ☺



Close up of noted measurements

This photo is to illustrate point #7